



## Covid19 Update Safe Removal of PPE

DATE: March 21, 2020

FROM: Don Sullivan, DICO

HI All,

Quick reminder of safe PPE removal. We learned a ton from the Ebola scare a few years ago, and doffing of PPE is equally as important as having the correct equipment. Attached is the PPE sequence for putting on and taking PPE off.

### These are just some key points:

1. Don and Doff with a partner, they can correct what may be wrong as well as see different angles
2. Always double check before patient contact
3. Gloves should extend over the cuff of the gown when gown is worn
  - a. When Doffing can remove gown and gloves at the same time.... **never** touch the outside of the gown...That's where the YUCK is
4. Goggles/face-shield doffed prior to MASK's being doffed, using elastic/straps--- remember gloves have already been removed with your gown if worn
5. Never touch your N95/N100 by the mask when doffing.... That's where all the YUCK is
  - a. Use the elastic/straps to pull over your head
6. Dispose in RED BAG.... Not trash can

### Notification Key Points

1. As to not duplicate workload
  - a. Decide who will fill out the form and send in to the respective DICO and ED, discuss with Engine Crew
2. AMR personnel please send to [AMRDICO\\_SANDIEGO@GMR.NET](mailto:AMRDICO_SANDIEGO@GMR.NET)
3. We would like this info in the body of the email
  - a. Signs and Symptoms of the patient
  - b. PPE worn by crew and Patient
    - i. Goggles, gloves, mask. On patient surgical mask

### Covid19 signs and symptoms

- Cough (doesn't have to be productive)
- Shortness of Breath
- Fever above 100.0
- Sore throat
- Chills
  - Fever and cough are the most common with SOB
    - Just to make this more difficult>>>>> It could be one symptom or all the symptoms

OK that's it for today. Again, thank you for all your doing for our patients