



San Diego Fire-Rescue Department Health & Safety Office

SAFETY MESSAGE

Div/Sec: All Personnel	Issue/Incident: Daily COVID-19 Update 50
Date: May 4, 2020	



INCIDENT STATISTICS:

- Total Incidents, Last 24 Hours: 494
- Daily Staffing Level: Full Staffing
- COVID-19 DICO Responses, Last 24 Hours: 0

Behavioral Wellness Update – Mindful Monday – Dr David Bond, Focus

- Perseverance-It’s habit forming!
 - “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” Aristotle
 - It can take from two to eight months to create and maintain a habit
 - Missing a day does not bring you back to square one
 - Give yourself grace and start right back up where you left off
 - Where do you want to be in two months? Or January 1, 2021?
 - The best time to plant a tree was 20 years ago. The second best...today.
 - This video link is sports centric, but notice how the words are just as applicable to us and those in our circle and can be applied to anything in our lives
 - [PERSEVERANCE – Powerful Motivational Video](#)

Updated Document:

- [PPE Photos and Restocking 05.04.2020](#)
 - Once PPE kits have been exhausted, they will be replaced with individual gowns.

Avoid Code-9 activities in areas where social distancing CANNOT be maintained.

- Your mask MUST be readily available when participating in Code-9 activities in public parks and recreation areas.
- Your comfort level vs. the public's comfort level with six feet of separation may vary. Consider additional spacing when in open park and recreation areas.

New Mask Re-Use Procedure Video

- Demonstrates steps to take when submitting your mask for decontamination

COVID-19 Positive Cases by Zip Code Dashboard

Lessons Learned

- Depending on the status of a patient, your first three actions should include 1. Place a mask on the patient; 2. Take a temperature; and 3. Ask COVID related questioning.
 - If needed, slow down the tempo of your call.

Colin Stowell
Fire Chief

Chris Webber
Assistant Chief
Emergency Operations

David Picone
Battalion Chief
Health & Safety Officer

Willy Melendez
Safety Officer
San Diego Incident Management Team

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Chris Vanos
Chief Steward
Teamsters Local 911

Anthony J. Sorci
President
San Diego Association of Prehospital Professionals



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SAFETY MESSAGE

- Following a medium or high level of exposure, employees will continue to work regular duty while monitoring their health status at work and at home. Should symptoms occur, notify DICO immediately.
 - Continue to prioritize your daily health screenings.
 - Reference the [Isolation Guideline](#) and [Isolation Protocol](#) in the [File Cloud](#).
- Calls, where PPE is traditionally not worn such as welfare checks and lockouts, can quickly turn into an exposure.
 - Prioritize your scene survey and implement best practices on responses when coming into contact with the public.
- Anticipate inaccurate information when responding to calls that were triaged through multiple dispatch centers, agencies, and by a 3rd party (i.e., Customs and Border Protection, MTS, private ambulance company, “passerby”).
- With the significant increase in COVID-19 cases in Baja California, responding to the U.S./Mexico International Border should be a “**watch-out situation.**”
 - Over 10% of COVID-19 cases in San Diego County are in zip codes 92154 & 92173 (6’s, 30’s, 29’s, and 43’s Districts).
 - Do not solely rely on the information on your MDC when deciding on your level of PPE. Continue bringing additional PPE with you when away from your apparatus.
- Radio communication between a unit on scene and incoming units is critical for maintaining situational awareness and limiting additional personnel into the scene.

PERSONNEL STATUS

	FIRE		LIFEGUARDS		NON-SWORN		AMR	
	CURR.	TO DATE	CURR.	TO DATE	CURR.	TO DATE	CURR.	TO DATE
Number in Isolation (Symptomatic)	1	42	1	23	0	3	8	41
	PAST 24 HRS	TO DATE	PAST 24 HRS	TO DATE	PAST 24 HRS	TO DATE	PAST 24 HRS	TO DATE
Number of DICO Confirmed Exposures (CDC Med/High)	0	99	0	24	0	0	0	55
Number of COVID-19 Laboratory Confirmed Positive (+)	0	1	0	4	0	0	0	0
Number of COVID-19 Laboratory Confirmed Negative (-)	0	37	0	16	0	2	0	10
Number of Presumptive COVID-19 Diagnosis	1	42	0	23	0	3	0	0

*****Route any questions, comments, or concerns through your normal chain of command.*****

“Promoting Safe and Healthy Lives”



COVID-19 Update
5/4/2020

Supervisors:

Carlos Valdez (MS71)
Richard Goulet (MS72)

Number of Cases (Global)
3,544,281

Number of Cases (US)
1,166,083

Number of Cases (CA):
54,972

Number of Cases (San Diego):
3,927

Helpful Links:

[GMR Vehicle Decon Policy](#)

[GMR Fogger Decon Video](#)

[On Duty Temperature Checks](#)

[GMR Coronavirus](#)

[CA Public Health COVID-19](#)

[SDAPP - COVID 19](#)

[CDC COVID-19](#)

[Johns Hopkins COVID-19 Map](#)

[SD Co COVID19 Dashboard](#)

[GMR COVID Medical Assessment Tool \(MAST\)](#)

SDFD Operational COVID Docs:



DO NOT COME TO WORK IF YOU HAVE COVID SYMPTOMS

- If symptomatic, please call off to a supervisor, we do not wish to infect patients, co-workers or their families
- *updated* COVID-19 symptoms per CDC: Cough or SOB, OR 2+ of fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste/smell

Personal Protective Equipment Guideline:

- Facial coverings are to be used for duration of your shift
- Surgical mask, gloves and issued goggles required on all calls
 - Surgical masks on all EMS patients as tolerated
 - Upgrade to N95 and gown if COVID suspected

N95/N100 FFR Collection for Reuse:

- Write your name on front bottom of FFR before use. This is to ensure you get your mask back after decontamination
- Reuse FFR as normal, per current practice
 - After high-risk procedure, instead of discarding mask, place FFR mask in sandwich size bag, then large bag
- When bag is full, drop off at 42A, and get a new bag and clip
- Keep bag in outside compartment with trauma bag

General:

- Remember to do your twice daily on-duty temperature checks, link is on your iPad and checks are mandatory
- Dispatch has implemented a Problem/Nature "Suspected COVID 19", call may have additional notes to the complaint
 - May triage out as another complaint, this does NOT mean the call is not COVID 19 related, be aware!
- Gloves and other solid medical waste must be disposed of at a hospital or AMR
 - Only normal garbage may be disposed of at a gas station or other business type
- Hard Rock Hotel has ~200 COVID-19+ navy personnel
 - Patients should be transported to Navy Balboa unless a specialty service is needed elsewhere
 - Must enter in full PPE, most calls handled by FedFire
- Adding links in email to Focus Psych website and YouTube

Supplies:

- PPE kits no longer being made, pieces still available in bin 8
- Small gloves have new packaging, all sizes will change soon
- Keep Pro-Tek RTU bottle if empty, can refill bottle at 42A