Infectious Control PPE
Photos and Restocking

Gloves
Issue: On apparatus
Restock: By station supply ordering process

Mask N95 or N100
Issue: Personal PPE issue
Restock: Same Size from ambulance, 1 for 1 after use

**** Reusable Cloth Mask ****

Issue: (2ea.) Personal PPE issue

Restock: Work through your chain of command to contact the Equipment Officer at Storeroom 42.

Goggles ** Re-Useable**

Goggle decontamination procedure

https://youtu.be/ozGy6i9EMXY

Issue: Personal PPE issue

Restock: Work through your chain of command to contact the Equipment Officer at Storeroom 42.

PPE Kit use for COVID-19 Patients and/or Aerosol Generating Procedures (wear over N95 or N100 mask)

Isolation Kit Donning and Doffing

COVID-19 Donning & Doffing Techniques (updated)

Issue: 4 sets on each apparatus in medical aid compartment
Restock: From ambulance, 1 for 1 after use

STOP **PPE Kit** STOP

Use for COVID-19 patients and/or

Aerosol Generating Procedures

CPR, BVM, CPAP, Nebulizer, or Suctioning

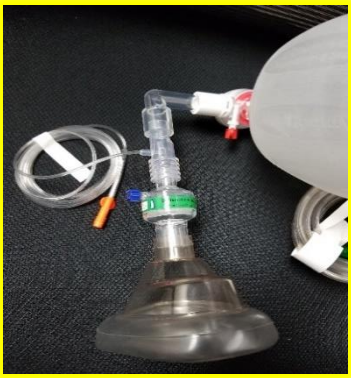
Hepa Filter (Humid Vent Filter) or (BACT-TRAP Mini)

Issue: Any combination of 2 HEPA filters per apparatus stored in EKG monitor top pouch
Restock: From ambulance, 1 for 1 after use

Options for using the Humid Vent Filter

Humid Vent Filter with In-Line Nebulizer

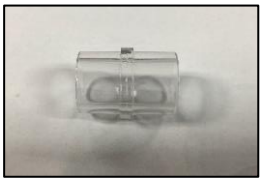
Options for using the BACT-TRAP Mini



BACT-TRAP Mini filter with In-Line Nebulizer

15mm x 22mm Adapter or 90* Elbow
(Either option can be used in conjunction with the Hepa Filter)
Existing inventory found with In-line Nebulizer Kit
Restock: From ambulance, 1 for 1 after use

(1) 15mm x 22mm Adapter to each unit, store with Hepa Filter in top zippered pouch of EKG monitor



Surgical Mask (patient use)
Issue: 2 in each drug box
Restock: From ambulance, 1 for 1 after use

Hand Sanitizer
Issue: On apparatus
Restock: 1 for 1 exchange with Storeroom 42 (DO NOT throw away the bottles, they will be refilled and redistributed)

Disinfectant
Issue: On apparatus
Restock: By station supply ordering process (Send the empty bottle to the Storeroom and keep the spray head to use with the replacement)

Video Links

- Isolation kit donning and doffing video
  - COVID-19 Donning & Doffing Techniques (updated)
- Goggle decon procedure video
  - https://youtu.be/ozGy6i9EMXY

Medical Inventory Link follow the link to the updated First Responder medical equipment inventories found on the "S" Drive at S:\Emergency Medical Services\EMS\EMS Logistics\COVID19 Changes to First Responder Inventories

- COVID-19 Changes to First Responder Inventories

Home Care Instructions for Patients with Mild Respiratory Infection Sheet

Store in Apparatus zippered binder

Restock: Go to the Target Solutions Home Page, find the COVID-19 Information tab and locate the folder named COVID-19 Assess and Refer S-415A County EMS Policy.

HOME CARE INSTRUCTIONS FOR PATIENTS WITH MILD RESPIRATORY INFECTION

Most people with respiratory infections like colds, the flu, and Coronavirus Disease (COVID-19) will have mild illness and can get better with appropriate home care and without the need to see a provider. People who are elderly, pregnant, or have a weak immune system or other medical problems are at higher risk of more serious illness or complications. It is recommended that they carefully monitor their symptoms and call their medical provider or seek medical care early if their symptoms worsen.

TREATMENT AND MEDICAL CARE

Treatment

There is no specific treatment for most viruses including those that that cause the common cold and those that cause COVID-19. Sometimes there is treatment for the viruses that cause influenza if given early. Antibiotics treat infections caused by bacteria, but they do not work against viruses.

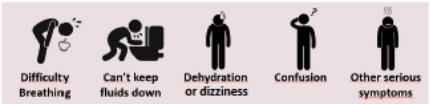
Most people recover on their own from these viruses, including COVID-19. Here are steps that you can take to help you get better:

- Rest.
- Drink plenty of fluids.
- Take over-the-counter cold and flu medications to reduce fever and pain. Follow the instructions on the package, unless your doctor gave you instructions. Note that these medicines do not "cure" the illness and therefore do not stop you from spreading germs.
- Children should not be given medication that contains aspirin (acetylsalicylic acid) because it can cause a rare but serious illness called Reye's syndrome. Medicines without aspirin include acetaminophen (Tylenol®) and ibuprofen (Advil®, Motrin®). Children younger than age 2 should not be given any over-the-counter cold medications without first speaking with a doctor.

Seeking Medical Care

You should seek medical care if you are not getting better within a week, or if your symptoms get worse. If you are elderly, pregnant, have a weak immune system, or other medical problems, call your doctor right away.

It is recommended that you seek medical care for serious symptoms, such as:



It is best to call ahead of time to discuss your symptoms, if possible. This may allow you to receive the advice you need by phone. By avoiding a visit to a healthcare facility, you protect yourself from getting a new infection and protect others from catching an infection from you. If you do visit a healthcare facility, put on a mask to protect other patients and staff.

People with potentially life-threatening symptoms should call 911. If possible, put on a facemask before emergency medical services arrive.

PROTECTING OTHERS

Follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home when you are sick

- Stay home - do not go to work, school, or public areas.
- Stay home for at least 48 hours after all of your symptoms have gone away without the use of fever-reducing medicines.
- If you must leave home while you are sick, try to avoid using public transportation, ride-shares, and taxis. Wear a mask if possible.

Separate yourself from other people and animals in your home

- Stay in a specific room and away from other people in your home as much as possible.
- Use a separate bathroom, if available.
- Try to stay at least 6 feet from others.
- Do not handle pets or other animals while you are sick.

Cover your coughs and sneezes

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands.

Avoid sharing personal household items

- Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. Wash them thoroughly with soap and water after use.

Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Use soap and water if your hands are visibly dirty.

Clean all "high-touch" surfaces every day

- High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have body fluids on them. Use a disinfectant-type household cleaning spray or wipe, according to the product label instructions.

The California Department of Public Health is issuing daily updates on Coronavirus Disease 2019 (COVID-19). **Stay informed by visiting cdph.ca.gov/covid19.**

San Diego County: Call 2-1-1 for advice if you do not have access to other healthcare. Visit www.sandiegocounty.gov/coronavirus for more information.

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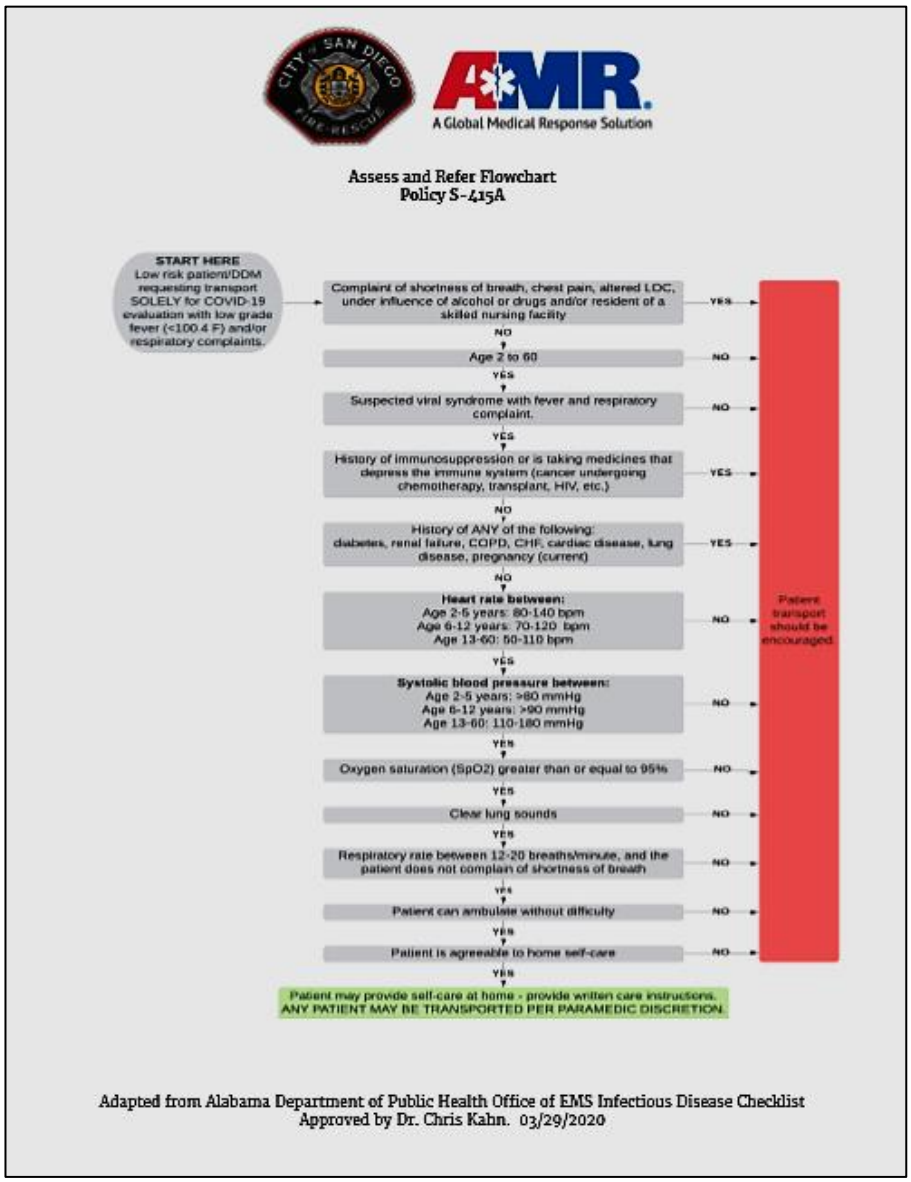
Emergency Medical Services Authority
emsa.ca.gov/covid19/
3/17/20

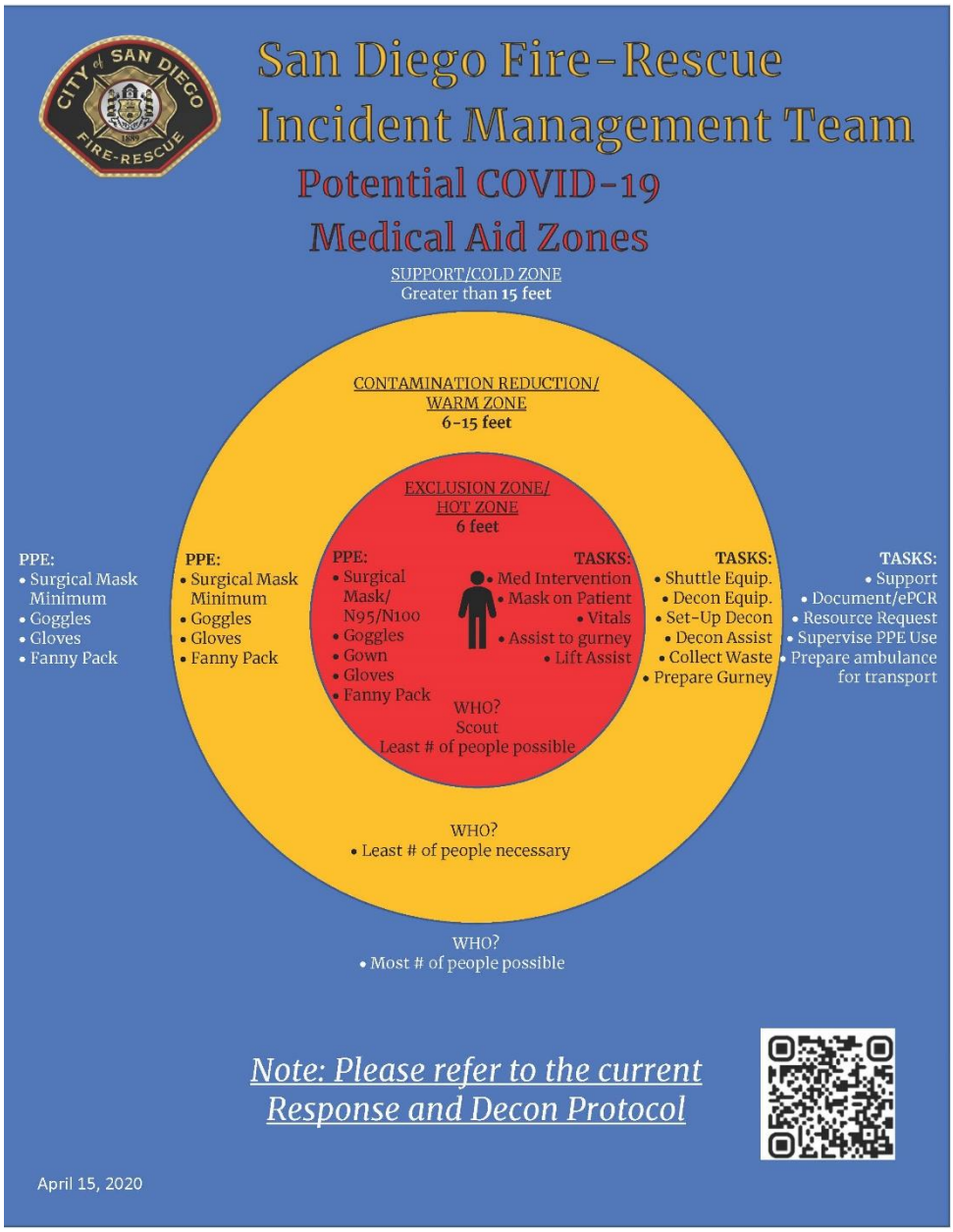
Laminated Assess and Refer Flowchart
Policy S-415A

(Store with Existing Laminated Cards in ALS Medication Box or Brush Medical Bag)

Restock: Go to the Target Solutions Home Page, find the COVID-19 Information tab and locate the folder named COVID-19 Assess and Refer S-415A County EMS Policy.



COVID-19 Medical Aid Zones



COVID-19 Medical Aid Zones Link follow the link the COVID-19 Medical Aid Zones link found on the "S" Drive at S:\Emergency Medical Services\EMS\EMS Logistics\COVID19 Zones

- COVID-19 Medical Aid Zones

Distribution of (2) Re-Usable Face Shields for all First Responder Apparatus on Tuesday 4-21-2020